

PRACTICING CONSCIOUS TIME-BINDING

Thinking a General Semantics Way. Think Better. Feel Better. Do Better. Achieve More. Mankind represents an interdependent time-binding class of life, and any group of people who possess physical means for destruction and still preserve infantile standards of evaluation become a menace to the culture of the whole race. (Alfred Korzybski's prediction over seventy five years ago. Science And Sanity, page 557.)

SCIENCE AND SANITY

CONSCIOUS TIME-BINDING PRINCIPLE-TOOLS

Abstracting * conscious abstracting * Consciousness of Abstracting * consciousness of projecting a let's try, let's see --experimental-heuristic-theoretical approach ** non-identity *** **difference fundamental** * non-allness* some* **time-binding** *conscious time-binding * time-binding excellence **general theory of sanity** * theory of values * general theory of evaluation * structure the only content of knowledge ** investigate mechanism --from Why? to How?* **multidimensional order multidimensional structure** * order-structure-function-relationships*map not territory it is map of * map also map of map maker * up-to-date epistemology * visualization * words, situations, objects, by themselves do not mean --we give meanings * it's as if... it's like * multimeaning **multiordinality** *** word not thing-process-situation we use it to represent * **over/under defined terms** *** **intensional/extensional orientation** *** **general principle of uncertainty** **general theory of psychotherapy** *** **self-conscious self-reflexiveness** *** **neurosemantic relaxation** *** **organism-as-a-whole-in-environments** * using our nervous systems most efficiently * ** making our unconscious more conscious * to-me-ness * neuro-linguistic **feedback** ** **observing our observing** ** **thinking about our thinking** * **evaluating our evaluations** ** **judging our judgments** ** **semantic reaction** * **delayed reaction** * **high conditionality** ** **flexibility** ** **adjustment** * **non-elementalism** ** **thinking-feeling intellect-emotion** ** ** **neurosemantic feedback** *** **neuro-semantic-neurolinguistic environment** ** **signal-symbol reaction** * **silence on object level** * from one to two valued either/or.....to infinite valued **non-aristotelian time-binding standards-order of evaluating-abstracting** ***diversity** * **infinite valued maximum probability dating** ** **indexing, chain indexing** ** **distinguishing levels of abstracting: event....object....label....description....inference.....generalization*speculation, etc.** * **process orientation** * **absolute individuality** ** **generalized mathematics generalized science** **** **scientific method** *** **complementarity** * **statistics probability** * **frequency, rhythms, maxima-minima** * **generalized algebra asymmetric relationship** * **action-reaction** * **least action** * **inertia*entropy momentum** * **time-space** * **field** * **fractal** * **relative invariance under transformation, this is somewhat like that, structural similarity** * **sets semantics of the calculus: differentiation-integration, limits, variable functions** * **arithmetic progression, geometric progression** ***system function** * **infinite valued causality** * **forms of representation**
frame of reference
continuum--mapping
higher order abstraction
lower order abstraction

'We read unconsciously into the world the structure of the language we use'. S & S pages 60 and 90. 'We do not realize what tremendous power the structure of an habitual language has... the structure which a language exhibits, and impresses upon us unconsciously, is *automatically projected* upon the world (in and around us'. We gain maximum benefits from general semantics by making general semantics terms a part of our vocabulary so that they become time-binding guidelines for improving the ways we observe-think-feel-understand-judge-relate respond in-to situations --including ourselves. Milton Dawes/08